

LIVE AS STRONG AS THE MOUNTAINS

NATIVE AMERICAN PROVERB

Our integrated model provides the following to families & clients who are tribally affiliated:

- ◇ Coordinated care with your medical providers
- ◇ Individual and family outpatient mental health and substance use counseling for all ages
- ◇ Inpatient residential referrals following intake and screening
- ◇ Coordination with ICWA courts
- ◇ Access to tele psychiatry services (when eligible)

Our team collaborates with you to make the changes you want to see in your life. Our therapists work with you to create a treatment plan that meets your personal goals.

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Our treatment providers use a variety of counseling approaches including:
Cognitive Behavioral Therapy, Motivational Interviewing, and combined evidenced-based approaches that are culturally appropriate.

Our BH team offers support in the following areas:

- ◇ Anxiety
- ◇ Depression
- ◇ Grief and loss
- ◇ Substance use challenges
- ◇ Stress and other difficult life events
- ◇ Relationship, school and parent-child challenges
- ◇ Referrals to outside providers where appropriate

Denver Indian Health and Family Services DOES NOT PROVIDE EMERGENCY SERVICES.

If you or someone you care about is at risk to hurt themselves or others, please seek immediate care by calling 911 or go to the closest emergency room.

For all other mental health emergencies, contact: Colorado Crisis Services at 1-844-493-8255. Free, 24/7 professional assistance.

For additional resources in the community, contact Mile High United Way at 1-866-760-6489 (toll-free) or 2-1-1 from a Colorado phone number.



Hours

Monday	8am-5pm
Tuesday	10am-7pm
Wednesday	8am-5pm
Thursday	8am-5pm
Friday	NONE

Contact

Phone: 303-953-6600

Fax: 303-781-4333

www.DIHFS.info

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Denver Indian Health and Family Services



Integrated
Behavioral
Health Program